



An Active 55+ Community

2305 W Ruthrauff Road • Tucson, AZ 85705 • (520) 887-2255

May 2020

Remember When: The Campbell Kids

With their round faces and rosy cheeks, the Campbell Kids have warmed the hearts of generations in advertisements for the company's canned soup. Created by illustrator Grace Drayton, images of the cherubic children first appeared in ads on the sides of streetcars in 1904. Soon they were on the labels of Campbell's food products, in magazines and then in TV commercials. Many novelty items featuring the Campbell Kids, including a popular line of dolls that debuted in the 1920s, have become valued collectibles.



Famous Faces Born in May

- May 3, 1970: Bobby Cannavale
- May 6, 1953: Lynn Whitfield
- May 10, 1933: Barbara Taylor Bradford
- May 12, 1928: Burt Bacharach
- May 25, 1994: Aly Raisman
- May 27, 1915: Herman Wouk
- May 30, 2000: Jared Gilmore

VILLA CAPRI OFFICE STAFF

- Manager Kathryn Mitchell
- Admin Asst Erin Eastep
- Maintenance Albert Hall
- Maintenance Bert Garcia

OFFICE HOURS

- Monday - Friday
- OPEN 9:00 A.M - NOON
- closed for lunch NOON - 1:00
- OPEN 1:00 P.M. - 4:00 P.M.

MAY EVENTS-

- TRASH Every Tuesday
- GREENS 1st & 3rd Thursday

Memorial Day

A day to remember the sacrifice of the country's fallen service members has been observed since the Civil War. Known as Decoration Day for a century, the holiday was renamed Memorial Day by federal law in 1967.

Reminders

Assistive animal owners must be responsible and courteous to other residents when they are outside with their animals. Never allow your animal to relieve themselves on **anyone's property!** Everyone in this community deserves equal respect in all regards.

BULLETIN BOARD ETIQUETTE

Postings for the Bulletin Boards by Mail Boxes and in the Laundry must have a date stamp on them from the office. This will allow each posting to remain up for 30 days. Any postings not dated will be removed. Space is limited so this will allow each person equal

time and space usage. **Postings** on Clubhouse hallway board are for Tucson area and Assoc Activities. Clipboards are now conveniently mounted on wall across from the board. **Postings** on Bulletin Board in Card Room/Library are for notices of homes for sale & photos, Service Vendor/Realtor cards etc.



Trivia Whiz

Fizzy Favorites

Do you call your favorite soft drink "pop" or "soda"? No matter what it's called, there are nearly 1,000 varieties to choose from in the U.S. Here are some more refreshing facts.

Coca-Cola is the world's bestselling soda. The brand's logo is recognized by 94% of people around the globe.

Pepsi-Cola was called Brad's Drink when it was introduced in 1893.

A blend of 23 flavors gives Dr Pepper its unique taste.

The dimples on Sprite bottles represent the bubbles in the drink.

The Royal Crown Co. rolled out the first sugar-free soft drink, Diet Rite, in 1958.

A&W Root Beer was first sold at a roadside stand in California during a parade honoring World War I soldiers in 1919.

ATTENTION SNOWBIRDS!

Please be sure to notify the office of your departure date so we can do a final meter reading and shut off the selected utilities. We thank you for choosing **Villa Capri** as your winter destination each year and look forward to your return in the fall. If you have any questions please call: (520) 887-2255 or email us at cap942a@cal-am.com.

Fiesta on the Fifth

From Los Angeles and Phoenix to Denver and Washington, D.C., cities across the nation have historically put on Cinco de Mayo festivals. Commemorating Mexico's 1862 battle victory over the French, the annual May 5 salute to Mexican culture and heritage has become a popular American observance, often enjoyed with traditional food and music.

Donate Your Old Glasses

During Healthy Vision Month in May, help those around the world living with impaired sight. You can donate eyeglasses, readers and sunglasses that you no longer use to nonprofit groups that distribute them to those in need. The Lions Club service organization provides drop boxes at locations in their communities, and many retail store optical centers will take your donations.

EMERGENCY INFORMATION

PLEASE NOTE: Villa Capri Mobile Home Park is located in PIMA COUNTY and **not** in the CITY of TUCSON!

The **PIMA COUNTY SHERIFF'S DEPARTMENT** services the park. If you have an emergency call **911** and state you are in PIMA COUNTY.

For **nonemergency** requests call: (520) 351-4900.



ANIMAL SIGHTINGS IN THE PARK

The javelinas are still being seen around the park property, so be vigilant when out walking. There is always the chance of a stray coyote entering the park as well, but they are usually non-aggressive towards humans and will move on very quickly if they find no food source (overgrown garden areas, rabbits, mice, or other rodents). No one wants to encourage these unwanted animals to remain in our park, so it is important to keep your property weed and debris free.

Is it time for a thorough **SPRING CLEANING** on your property?



That's a Wrap

Filled, rolled, folded and wrapped, tortillas have become a handy ingredient for many meals.

The round flatbread was created thousands of years ago by the native peoples of what is now Mexico and Central America. They ground soaked corn kernels into a dough, shaped it into flat, thin pancakes and baked them. When Spanish explorers arrived in the region in the 1500s, they called the maize bread a tortilla, from a word meaning "small cake."

Today in Mexico, corn tortillas are still made by hand, but most people buy them fresh daily at local shops called *tortillerias*, which make the bread by machine. Tortillas made of flour are popular in northern Mexico and much of the U.S.

Tortillas are an ideal vessel for holding a variety of ingredients. Filled with meat, beans, cheese and veggies, they are used in traditional Mexican foods such as tacos, enchiladas, tostadas and quesadillas. Cut into pieces and fried into crisp chips, they scoop up sauces, salsa and guacamole. With cinnamon sugar, chocolate or fruit, tortillas become a base for dessert recipes.

Stay Active as You Age

Moving your body and staying active is the focus of National Senior Health and Fitness Day, the last Wednesday in May. Find inspiration in this year's theme and learn why "Life Is Better in Motion."

Helps prevent illness. High blood pressure, poor circulation, and high cholesterol are linked to conditions such as heart disease, stroke and Type 2 diabetes. These health risk factors can be reduced with regular exercise.

Boosts energy. The more you move, the more energy you'll have, helping you carry out everyday physical activities with less fatigue.

Lifts mood. Would you like to feel happier and more relaxed? The endorphins released during exercise can provide emotional perks. Taking part in physical activity can also improve confidence and self-esteem.

Improves sleep. A regular fitness routine can help you fall asleep more quickly, sleep more soundly and get better quality rest. Just avoid working out close to bedtime, since the energy boost may keep you awake.

Reduces fall risk. Exercise strengthens muscles and bones, increases flexibility, and improves balance—all benefits that are key to preventing falls and broken bones.

Enhances social life. Walking with a friend, taking a group fitness class or participating in a team sport or game offers the opportunity to have fun and connect with others.



NOTES

We have noticed an on-going issue with incorrect amounts being written on your checks or money orders. We are asking if you would please be diligent in making sure you have filled out your payment amount correctly before turning it into the office. We can not accept a payment if the amount is incorrect.

Maternal Blooms

Native to Tanzania and Kenya, African violets have been brightening windowsills in America since they were brought here in the 1890s. Marked by fuzzy green leaves and delicate flowers in a variety of hues, these cheerful plants thrive indoors. African violets are also easy to propagate, and one mother plant may yield dozens of offspring.

May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COVID-19, along with Federal and State guidelines on social distancing, has forced a temporary suspension of all our planned activities for the time being. Along with you, we are closely monitoring all government announcements, and we will resume our activities as soon as we are advised it is safe to do so. We appreciate your patience and cooperation as we implement these changes in order to minimize exposure for our residents and employees.					1 Rent Is Due	2
3	4	5 Cinco De Mayo	6	7 Reach out to Management if you are having difficulty paying your rent.	8	9
10	11 	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25 Memorial Day Office Is Closed in Observance of Memorial Day.	26	27	28	29 	30

“This Month In History”

MAY

1908: The first Mother’s Day celebrations are held at gatherings in Grafton, W.Va., and Philadelphia.

1936: Joe DiMaggio makes his MLB debut, taking the field as a New York Yankee.

1942: To help the American war effort, gas rationing begins in 17 eastern states. By the end of the year, it was in effect in all 48 states.

1963: The first James Bond film, “Dr. No,” premieres in the U.S. Scottish actor Sean Connery portrayed the fictional secret agent.

1973: Stevie Wonder’s “You Are the Sunshine of My Life” is the No. 1 song played across the U.S.

1980: An earthquake triggers the volcanic eruption of Washington’s Mount St. Helens.

1999: Discovery becomes the first space shuttle to dock with the International Space Station.

2003: After a 16-year run on Broadway, the musical “Les Miserables” closes.

2013: An 80-year-old Japanese man becomes the oldest person to climb Mount Everest, the world’s highest mountain.

2018: England’s Prince Harry marries American actress Meghan Markle in a ceremony broadcast around the world. The pair received the titles Duke and Duchess of Sussex.