

# SAN ESTRELLA

All Age Community

JUNE 2022  
Community news &  
information for our  
Valued Residents

## Our Management Team

**Melida Anderson**

Community Manager

**Nadia Beltran**

Administration Assistant

**Kimberly Jones**

Administration Assistant

**Lori Castle**

Maintenance Technician

## Office Hours

**Monday thru Friday**

8:30 am-5:00 pm

**Saturday**

Closed

**Sunday**

Closed

## Contact Directory

**Management Office**

(623) 936-1488

**Sales Agent**

(833) 335-4934

**EMERGENCY After Hours call**

(480) 828-6786

**All City Towing**

(480) 833-7278

**CAL AM**  
**PROPERTIES**



San Estrella • 500 N. 67th Ave • Phoenix, AZ 85043

**FATHER'S DAY SALUTATION!** We would like to wish a very Happy Father's Day to all of the amazing Dad's in the San Estrella Estates Community! We hope you have a great day.

**MANAGER'S CORNER** We would like to send a huge THANK YOU to all of you for your patience and cooperation as we paved 90% of the roads in our community last month. We hope you are as in love with the outcome as we are. Save the dates for Thursday, June 9, 2022 and Friday, June 10, 2022 the paving crews will return to the property to re-stripe the visitor parking lots and the Management office parking lot which will be closed for (2) days to allow the crews to finish and allow drying time.

**MEET WITH THE MANAGER** We will be hosting our monthly meeting to discuss happenings in our community and any concerns you may have on Wednesday, June 8, 2022 at 5:00 p.m. Please submit topics/questions on or before Monday, June 6, 2022.

**SALES SPECIALS AND RESIDENT REFERRALS** If you know anyone planning to move any time soon our sales department is offering great deals on new Cal-Am homes. Resident referrals can lead to free rent!

\*Specials subject to change without notice

**SUMMER HOME TIPS Home Exterior:** Power washing the outside of your home is very important. You can avoid mold and mildew from growing in the exterior of your home.

**Replacements:** Checking all windows and exterior doors will help maintain the temperature inside of your home. Proper sealant around doors and windows will do the trick.

**HVAC system:** Ensure that the fan is functioning well, coils are clean and that there are no faulty wires than could cause a fire.

**GATE REMOTES!** You have asked and we have listened. If you are interested in purchasing a gate remote, please stop by the office or call us for details. We have limited quantities on hand so come on in and purchase yours today!

## **!! SAVE THE DATE !!**

- Palm Tree Trimming July 5th-July 13th
- Monthly Meeting July 6th

# June '22

Wed

1968 Simon &  
"Mrs Robin"  
Gradu

Sunday

Monday

Tuesday

5

1968 Robert F. Kennedy shot at  
the Ambassador Hotel in  
Los Angeles, CA

6

Last day to pay rent  
before late fees!  
Trash Day

7

1975 Sony introduces the  
Betamax videocassette recorder  
for sale to the public

Resident M  
Clubhou

12

1942 Anne Frank gets her diary  
as a birthday present in  
Amsterdam

13

Trash Day

Flag Day

14

1967 British film "To Sir, with  
Love" starring Sidney Poitier is  
released in the US

Rent Ca  
3:00 p.m

Father's Day

19

Happy Father's Day!

20

Trash Day

21

Last Day to RSVP for Food  
Truck Event

1934 John Dilli  
named Amer  
Enemy N

26

1979 "Moonraker", 11th James  
Bond film starring Roger Moore,  
premieres in London

27

Trash Day

28

1996 "Nutty Professor" starring  
Eddie Murphy opens in t  
heaters in the US

1968 "Tip-Toe  
With Me"  
peaks

Wednesday

Thursday

Friday

Saturday

1

*funkel's single  
' from "The  
hits #1*

2

**Trash Day**

3

**Popcorn Day**

4

*1982 "Star Trek II: The Wrath  
of Khan," released*

8

*hly Meeting  
5:00 p.m.*

9

**Trash Day**

10

**Popcorn Day**

11

*1993 "Jurassic Park", starring  
Sam Neill and Jeff Goldblum  
opens, sets box office weekend  
record of \$502 million*

15

*Sign Up  
5:00 p.m.*

16

**Trash Day**

17

**Popcorn Day**

18

*1928 American aviator  
Amelia Earhart becomes  
the 1st woman to fly across  
the Atlantic Ocean*

22

*er is informally  
i's first Public  
ber One*

23

**Trash Day**

24

**Resident Food Truck Event  
Clubhouse 4:00 p.m.  
RSVP Required**

25

*1984 Prince releases his  
"Purple Rain" album*

29

*aru' The Tulips  
' Tiny Tim  
t #17*

30

**Trash Day**





## Where there's a will, there's a way

**H**ow can you be assured that your adult kids remain friends after your death? Or that your young children are taken care of as you wish? Write your will, and do it soon.

A will is a legal instrument that spells out to whom your assets are to be distributed when you die. It also names an executor, who is in charge of making sure your wishes are carried out. And, in many places, it is the only legal way to designate a guardian for a minor child.

Because life is an ever-changing affair, wills should be rewritten periodically to reflect changes that occur in your life.

The first step in considering your will is to take a financial inventory of your assets, debts, life insurance policies and property you own. Next assemble your legal profile including copies of prenuptial agreements, divorce decrees, trusts, business partnership agreements and so on.

Then collect the names and addresses of beneficiaries, including your favorite charities

and the name and address of the person you designate as executor.

Something else to consider is a living will. It provides instructions in the event that you become seriously ill and can't make your own medical decisions. It should tell your wishes about the use of life-sustaining respirators and medications and under what conditions you would want to be resuscitated.

Deciding who gets what after you die is not a pleasant task, but it's better than letting someone else decide.

### Keep your mind fit

Your body needs exercise to stay healthy and fit. So does your brain. It's possible to give your brain "resistance exercises" that stretch and flex your mental muscles. Here are some tips:

**1. IMMERSE YOURSELF IN SOMETHING NEW.** Read a wide variety of books and magazines, learn new words and use them, calculate sums and multiplication in your head, practice listening, find ways to stimulate your creativity—whether it's crafts or painting or writing.

**2. FOLLOW A REGULAR ROUTINE.** Just like any exercise program, you need to build mental exercises into your weekly or daily schedule to fully reap the benefits. Give yourself memorization challenges. Change your daily habits to get out of mental ruts (take a new route to work, for example). Learn new music.

**3. DON'T NEGLECT YOUR BODY.** The brain benefits from physical exercise—improved blood flow, increased oxygen, and endorphins that keep your spirits high. Jump rope, stretch, and meditate.

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