

SIERRA ESTATES

CALIFORNIA
PROPERTIES

9431 E Coralbell Avenue • Mesa, AZ 85208 • (480) 380-3904



SEPTEMBER 2019



HIGHLIGHTS

AUTO-PAYMENT OF RENT

If you sign up for auto-payment of your lot rent using the Rent Cafe app, you can spin the prize wheel for a chance to get up to a \$100 rent credit. If you are already signed up for auto-pay, please come to the office to spin the wheel and claim your prize. Please stop by the office if you need help signing up for this convenient service.

VANDALISM and Behavioral Issues

In recent weeks we've had vandalism to our pool / patio umbrellas and pool furniture spread out. Please know that the pool is yours to enjoy as a resident, but we also expect each resident to take care of the pool for your use and for other residents to enjoy as well.

Block Watch

If any of our residents are interested in joining a Neighborhood Blockwatch program, please contact the office and we can provide you with details on how to join. In addition to a Blockwatch, please be sure that as residents of Sierra Estates you are reporting suspicious activity to the MCSO. You can report any crime tips / suspicious activity to 602-876-8276 which would be helpful for MCSO to keep track of all activity in the community.



BULLETIN BOARD

Home Maintenance

With the weather starting to cool down, please be sure to keep up with the maintenance of your home and lot.

Hopefully before the end of 2019 we'll be close to filling up the park with more new homes. With each new home, we ask and expect our residents to keep their lots and homes looking great. We are continuing to conduct weekly inspections throughout the community.

Thanks!!!
Eric Silva



FF794DA

NOTES & NEWS

Office Hours

Monday	08:30am-05:00pm
Tuesday	08:30am-06:00pm
Wednesday	08:30am-06:00pm
Thursday	08:30am-06:00pm
Friday	08:30am-06:00pm
Saturday	09:00am-06:00pm
Sunday	Closed

Sierra Estates Staff

Eric Silva	Community Manager
Laura Ramos	Assistant Manager
Kelsey Richie	Administrative Assistant
Robin Passey	Sales
Phillip Oates	Maintenance
Vicente Saldvar	Maintenance



PARKING

Please note that per your Rules and Regulations, no parking is allowed on the landscaping at any point of the day. Street parking is allowed during the day and up to 10pm. We will continue tagging vehicles during the day parked on the landscaping. If you have any questions regarding the parking, please contact us at the office.

TRIVIA WHIZ

100 Years of the NFL

This year is the 100th season of the National Football League, which will mark the milestone with a series of events celebrating players, fans and communities.

The 2019 schedule features weekly games honoring NFL history, including the Green Bay Packers versus the Chicago Bears in the league's best-known rivalry; the Packers versus the Kansas City Chiefs in a rematch of Super Bowl I; and the Cincinnati Bengals versus the Cleveland Browns in the Battle of Ohio, the birthplace of the NFL.

Here are a few fun football facts to kick around in honor of the league's centennial:

- The NFL was founded in 1920 in Canton, Ohio, which is now home to the Pro Football Hall of Fame.
- In 1933, the league stopped using the Collegiate Rules Book and began to develop its own rules.
- As a rookie in 1934, Beattie Feathers became the first player to rush for 1,000 yards in a season.
- A 1939 matchup between the Philadelphia Eagles and the Brooklyn Dodgers was the first televised football game.
- NFL players were not required to wear helmets until 1943.
- The 1972 Miami Dolphins became the first NFL team to have a perfect season. Their 17-0 record culminated with a win at Super Bowl VII.
- Deion Sanders is the only athlete who has played in both a Super Bowl and a World Series.
- In 2015, the league hired its first full-time female referee, Sarah Thomas.



Reasons To Read

Getting lost in a good book is an enjoyment for many people. More than just entertainment, reading has been shown to be good for your health.

Boosts brain power. Much like exercise for the body, reading a book is a workout for the brain. Critical thinking is required to process the text, make connections between chapters and retain information. This forges new pathways in the brain, which can help protect against cognitive decline.

Increases empathy. When immersed in reading, especially a fiction story, we are likely to identify with the characters and their emotions. This may help us better relate to people in real life, strengthening bonds and prompting positive interactions.

Promotes sleep. A bedtime routine that includes reading with dimmed lights sends a signal to the body that it's time to wind down. Physical books work best at night since the glare from digital devices can disrupt sleep.

Reduces stress. A page-turner often transports the reader to another world, providing a break from worries. Participants in one study began to relax after just six minutes of reading.

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Cut Cooking Time With Rotisserie Chicken

During National Chicken Month in September, hatch a plan to put this versatile meat on your table. Start with a fully cooked rotisserie chicken from the grocery store, and you won't have to wing it when you want a quick, protein-packed meal.

Super soups. Check your cupboard for beans, broth and pasta and then whip up some white bean chicken chili, chicken noodle soup or chicken corn chowder.

Mexican. Tortillas, cheese, salsa and seasonings, along with shredded chicken, can be the basis for enchiladas, tacos, quesadillas, nachos, tostadas or taquitos. Serve sour cream and lettuce on the side.

Sauce it up. Add spicy buffalo sauce to your rotisserie chicken and make some buffalo chicken mac and cheese, buffalo chicken flatbread or buffalo chicken sliders. If you prefer

barbecue sauce, you have the basis for barbecue chicken-stuffed baked potatoes, barbecue chicken pizza or pulled chicken sandwiches with slaw.

The lighter side. Chicken is great in cold sandwiches and salads. For a classic, add mayo, chopped celery and apple and serve on a croissant. Prepare a grain bowl by combining chicken with quinoa, avocado, onions, greens and tomatoes. Stuff a pita pocket with chicken, feta cheese, diced cucumbers and tomatoes, and then drizzle yogurt dressing on top.





Be Prepared With an Emergency Kit

National Preparedness Month in September is a time to ready yourself and those in your care for the unexpected. Take the first step by assembling a kit equipped with the supplies you might need in the event of a natural disaster or other emergency.

Keep your supplies in something that is easy to carry in case you must leave your home. Suggestions include a wheeled suitcase, a large plastic storage container or a couple of backpacks.

The Federal Emergency Management Agency recommends stocking these items in your emergency kit: nonperishable food, such as dried fruit, canned tuna or chicken, and peanut butter; bottled water; manual can opener; plates, utensils and wet wipes; first aid kit and toiletries; change of clothes; blanket; work gloves; multipurpose tool; matches; battery-powered radio, flashlight and extra batteries; whistle to signal for help; local map; cash; copies of insurance policies and identification; and paper and pencils.

Depending on your household members, you may need to include prescription medications, baby supplies, pet supplies, and books and games for children.

Make sure you have enough supplies for at least three days.

Gathering these items and packing your emergency kit can help you feel more secure. For more information on how to be prepared, visit www.Ready.gov.

Turkey and Potato Wrap

Ingredients:

- 3/4 pound russet potatoes, cut into 1/2-inch pieces
- 1 tablespoon water
- 1 tablespoon canola oil
- 3/4 pound ground turkey
- 1 large carrot, shredded
- 1/3 cup sliced green onions
- 1 can (8 ounces) tomato sauce
- 2/3 cup shredded cheddar cheese
- 1 teaspoon dried Italian seasoning
- Salt and pepper, to taste
- 4 large tortillas
- Sour cream (optional)

Directions:

Place potatoes in microwave-safe bowl; sprinkle with water. Cover, venting one corner. Microwave on high 5 to 8 minutes until potatoes are tender.

In large nonstick skillet over medium-high heat, heat oil. Add turkey; break up meat with spatula and cook 5 minutes. Mix in carrot; cook 2 minutes. Add potatoes and onions; stir and cook 2 minutes. Reduce heat to medium; mix in tomato sauce, cheese and Italian seasoning.

Cook, stirring occasionally, 4 to 5 minutes until mixture is hot and most sauce is absorbed. Season with salt and pepper, to taste. On work surface, lay out tortillas. Place 3/4 cup hot turkey mixture on each; fold and roll into burritos.

Cut in halves and place on serving plates. Top each with sour cream, if desired.

Find more recipes at www.EatWisconsinPotatoes.com.



"When you are asked if you can do a job, tell 'em, 'Certainly I can!' Then get busy and find out how to do it."

—Theodore Roosevelt

"I don't know that there are any shortcuts to doing a good job."

—Sandra Day O'Connor

"Even though your time on the job is temporary, if you do a good enough job, your work there will last forever."

—Idowu Koyenikan

"America was not built on fear. America was built on courage, on imagination and an unbeatable determination to do the job at hand."

—Harry S. Truman

"Good and productive labor is valuable, and it doesn't mean you have to have a fancy job description.

You don't have to become rich. You can be ordinary. Happiness lies there. Do good work, create good work for others."

—Jay Parini

"Nothing is particularly hard if you divide it into small jobs."

—Henry Ford

"I love argument, I love debate. I don't expect anyone just to sit there and agree with me—that's not their job."




—Margaret Thatcher

"Maturity: Be able to stick with a job until it is finished. Be able to bear an injustice without having to get even. Be able to carry money without spending it. Do your duty without being supervised."

—Ann Landers



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rent Due 1	Labor Day 2 Office Closed for Holiday	3 Coffee and Donuts 6:30am	4	Trash Pickup 5	6 Last Day to Pay Rent Before Late Fees Hit!	7
8	Trash Pickup 9	10	11	Trash Pickup 12	13 	14
15 	Trash Pickup 16	17	18	Trash Pickup 19	20	21
22	Trash Pickup 23	24 Can Put Bulk Trash Items Out on Street for Tomorrow's Pickup	Bulk Trash 25	Trash Pickup 26	27 EVENT! Movie in the Park Live Action Aladdin Remake at 6:30PM!	28
29	Trash Pickup 30	 <h1>SEPTEMBER</h1> 				

Hi, Sierra residents!

Robin here in the sales office!

Wanted to remind everyone about the two months free land rent if you bring in a new resident that purchases a home from me! If you have any questions, please give me a call. Sierra Estates is growing and new homes are coming in all the time! Growth is such a positive thing for us all here! It increases the value of all homes in our community, and gives the people who come in a chance to see how nice and clean it is! I tell everyone that we have the nicest family community in **ALL** of Arizona!! It shows that we take pride in both our community and our homes.

We want everyone to love living here and enjoy all of our great amenities. Thank you all, and I hope you all had a wonderful summer!

Robin Passey
Sierra Sales
(480) 216-9228