



September 2020

652 S Ellsworth Road • Mesa, AZ 85208 • (480) 984-1260

**55+Active Adult  
Community**

**CAL AM<sup>INC</sup>  
PROPERTIES**

 **Happy  
LABOR  
Day!**

**Office Closed**



**Office Information**

Monday-Friday ..... 9:00 - Noon  
Monday-Friday ..... 1:00 - 4:00  
Office Phone ..... 480-984-1260  
Emergency Phone ... 480-416-9753  
Sales Phone ..... 480-416-9753

**Gate Information**

Gates open Mon-Fri 7:30-5:00

**Exercise Your Brain  
With a Puzzle**

You may find working a jigsaw puzzle relaxing, but putting all those pieces together actually gives both sides of your brain a workout. Your logical left side is challenged to solve a problem to find pieces that fit, while the creative right side works to visualize the big picture. Experts say the more challenging the puzzle, the better.

**Flu Shot Tip**

Before you get a flu shot this season, you may want to watch a comedy or listen to your favorite music. In a study of older adults, researchers found that being in a good mood when getting the vaccine boosted its protection against the illness months later.



**Life Lessons**

"Every person you meet knows something you don't; learn from them." —H. Jackson Brown Jr.

**Slip on Shades**

Ward off seasonal allergy symptoms by wearing wraparound sunglasses when you are outside. Doctors say the shades can help block airborne allergens from getting into your eyes.



**Social Club Board Members**

**President-** Ron Meinen

763-486-0786

**Vice President-** Evie Vannoy

**425-321-7040**

**Secretary-** Brenda Chibry

587-439-9665

**Treasurer-** Carol Fanset

**406-366-6986**

**Member at Large** - Kent Enstad

**Contact Information**

**Lanette Crowley**

Community Manager  
[cap937a@cal-am.com](mailto:cap937a@cal-am.com)

**Marcia Cherry**

Administrative Assistant  
**Heather Blair**  
Maintenance



## Homes for Sale

**Dedicated Sales Agent for Pueblo Grande**

**CAL-AM ON-SITE BROKERAGE SALES**

Offers a Low Brokerage Fee. The manager's office has had several walk-ins & calls asking for information about our homes for sale in this community. If you are thinking about listing your home, I am the person you want to list your home with. I would like to have that opportunity to sell it for you.

**Weekends are by appointment only.**

**4 Reasons to list with Lanette:**

**1. I know your community.**

**2. I know the market!**

**3. I know what buyers are looking for when they come to PG.**

**4. I have a waiting list of buyers and am ready to pick up the phone to call the next buyer on my list.**

### **For Sale: Lot 58 Listed at \$54,900**

1998 2 bed 2 bath home. Brand new roof. Newer shower inserts. New washer & hot water heater. Nice kitchen island for preparing food. Do you know someone that is interested in living close to you or that wants to join the Pueblo Grande Family? If so ask them to call Lanette.

### **Welcome New Residents**

A note from the manager. I want to welcome our new residents that have joined us this past year. I know we have not been able to do a formal introduction & welcome party for you but we are certainly glad you are here. Wow, where did the time go? We accomplished so much since August 2019. Imagine that! I joined the Pueblo Grande Team last year. Looking forward to many more years here with new & exciting plans in the future for 2021.



09.24.2019

Quilting throwback days

COVID-19, along with Federal and State guidelines on social distancing, has forced a temporary suspension of all our planned activities for the time being. Along with you, we are closely monitoring all government announcements, and we will resume our activities as soon as we are advised it is safe to do so. We appreciate your patience and cooperation as we implement these changes in order to minimize exposure for our residents and employees.

### **Preparing for Outages**

Take a quick sweep around your home to make sure you are prepared.





## Rent Cafe: Online Payments

Let's think about this. What would you do if you were not able to put a check in the mail or drop box to pay your rent? What would be your options right now? Are you registered on Rent Cafe? Do you have bill pay set up online? 2021 will be here before you know it. Start planning on how you are going to pay your rent online. We are here to help.

[www.cal-am.com/resident](http://www.cal-am.com/resident). You can download the Rent Cafe app on your mobile phone.



## A GENERAL REMINDER WE ARE A NO CONTACT OFFICE

Staff is not authorized to open the door for residents. We are still a "No Contact Office". If you need assistance please call to schedule an appointment or we may be able to answer your question over the phone or email.

## Storm Damage

If your home sustains damage from a storm please call us so that we can document it. Also a reminder that you may want to call your insurance company.

## BEEF AND ASPARAGUS TOSS

### INGREDIENTS:

- 1 pound Ground Beef (93% lean or leaner)
- 3 cups uncooked bow tie pasta
- 1 pound fresh asparagus, cut into 1-inch pieces
- 1 tablespoon olive oil
- 1/4 cup minced shallots (about 2 large)
- 1 tablespoon minced garlic
- Salt and pepper

### Garnish:

- 1/4 cup shredded Parmesan cheese (optional)
- Cook pasta in salted boiling water 10 minutes or until almost tender. Add asparagus; continue cooking 3 to 4 minutes or until pasta and asparagus are tender. Drain well.
- Meanwhile, heat large nonstick skillet over medium heat until hot. Add Ground Beef; cook 8 to 10 minutes, breaking into 3/4-inch crumbles and stirring occasionally. Remove from skillet with slotted spoon; pour off drippings.
- Cook's Tip: Cooking times are for fresh or thoroughly thawed Ground Beef. Ground Beef should be cooked to an internal temperature of 160°F. Color is not a reliable indicator of Ground Beef doneness.
- Heat oil in same skillet over medium heat until hot. Add shallots and garlic; cook 3 to 4 minutes or until tender, stirring frequently. Remove from heat. Add beef; toss to mix. Season with salt and pepper, as desired.
- Combine beef mixture with pasta and asparagus in large bowl; toss well. Sprinkle with cheese if desired.



## Information

"Every generation is going to keep changing, and you just have to embrace the change."

—Wyclef Jean

"We need to remember across generations that there is as much to learn as there is to teach."

—Gloria Steinem

"I always think about the next generation and creating a different blueprint for them. ...

We don't all have to take the same coordinates to get to the same destination."

—Janelle Monáe

"You can take as much as you can from the generation that has preceded you, but then it's up to you to make something new."

—Jackson Browne

"This wired generation is kind of cool."

—LeVar Burton

# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 8:00 Water Aerobics 9:00 Quilting & Sewing 6:00 Poker 6:30 Hand & Foot	<b>2</b> 8:00 Water Aerobics 8:30 Aqua Fit 2:30 Line Dancing	<b>3</b> 8:00 Water Aerobics 9:30 Shuffleboard 1:00 Cribbage 6:30 Cards "65"	<b>4</b> Street Sweeper 8:00 Water Aerobics 8:30 Aqua Fit 10:00 Chair Yoga 6:00 Poker 6:30 Hand & Foot	<b>5</b>
<b>6</b> <b>Labor Day</b>	<b>7</b> 8:00 Water Aerobics 8:30 Aqua Fit 9:30 Shuffleboard 1:00 Bridge 6:30 Card "65"	<b>8</b> 8:00 Water Aerobics 9:00 Quilting & Sewing 6:00 Poker 6:30 Hand & Foot	<b>9</b> 8:00 Water Aerobics 8:30 Aqua Fit 2:30 Line Dancing	<b>10</b> 8:00 Water Aerobics 9:30 Shuffleboard 1:00 Cribbage 6:30 Cards "65"	<b>11</b> 8:00 Water Aerobics 8:30 Aqua Fit 10:00 Chair Yoga 6:00 Poker 6:30 Hand & Foot	<b>12</b>
<b>13</b>	<b>14</b> 8:00 Water Aerobics 8:30 Aqua Fit 9:30 Shuffleboard 1:00 Bridge 6:30 Card "65"	<b>15</b> 8:00 Water Aerobics 9:00 Quilting & Sewing 6:00 Poker 6:30 Hand & Foot	<b>16</b> 8:00 Water Aerobics 8:30 Aqua Fit 2:30 Line Dancing	<b>17</b> 8:00 Water Aerobics 9:30 Shuffleboard 1:00 Cribbage 6:30 Cards "65"	<b>18</b> Street Sweeper 8:00 Water Aerobics 8:30 Aqua Fit 10:00 Chair Yoga 6:00 Poker 6:30 Hand & Foot	<b>19</b>
<b>20</b>	<b>21</b> 8:00 Water Aerobics 8:30 Aqua Fit 9:30 Shuffleboard 1:00 Bridge 6:30 Card "65"	<b>22</b> 8:00 Water Aerobics 9:00 Quilting & Sewing 6:00 Poker 6:30 Hand & Foot	<b>23</b> 8:00 Water Aerobics 8:30 Aqua Fit 2:30 Line Dancing	<b>24</b> 8:00 Water Aerobics 9:30 Shuffleboard 1:00 Cribbage 6:30 Cards "65"	<b>25</b> 8:00 Water Aerobics 8:30 Aqua Fit 10:00 Chair Yoga 6:00 Poker 6:30 Hand & Foot	<b>26</b>
<b>27</b>	<b>28</b> 8:00 Water Aerobics 8:30 Aqua Fit 9:30 Shuffleboard 1:00 Bridge 6:30 Card "65"	<b>29</b> 8:00 Water Aerobics 9:00 Quilting & Sewing 6:00 Poker 6:30 Hand & Foot	<b>30</b> 8:00 Water Aerobics 8:30 Aqua Fit 2:30 Line Dancing	<b>September</b>		

## SAVE THE DATE

### Manager and Community Events

- September 1 - Labor Day Party
- September 3 - Coffee & Donuts
- September 7 - OFFICE CLOSED
- September 9 - Welcome New Residents
- October 1 - Coffee & Donuts
- Oct 6 - National Night Out
- Oct 30 - Halloween Party
- Nov 12 - Coffee & Donuts
- Nov TBD - Thanksgiving Day Dinner
- Nov 19 - Welcome New Residents
- Nov TBD - Veterans Day Dinner
- Dec 24 - Christmas Lunch w/ Lanette
- Dec TBD - Christmas Dinner
- Dec 31 - New Year's Eve Party
- Jan TBD - Coffee & Donuts
- Feb TBD - Coffee & Donuts

